



- S
 - SAFETY ● TRUST ● Veterinary Care ● Pain management ● Gentle grooming ● Temperature control
 - BIOLOGICALLY APPROPRIATE NUTRITION ● Sufficient Sleep ● Indoor Shelter

- M
 - TRIGGER MANAGEMENT ● Predictability ● Consistency

- A
 - BIOLOGICALLY APPROPRIATE physical and mental stimulation ● Social Interactions ● Novelty ● Choice

- R
 - Red flag behaviors ● BEHAVIOR CHANGES ● Medical issues ● *If other areas are being adequately addressed, seek veterinary and behavior advice*

- T
 - SKILLS NEEDED TO NAVIGATE OUR WORLD ● Clarity ● Problem solving
 - Positive Reinforcement ● Desensitization ● Counter Conditioning